

Group Coaching – Beginner 15 Week Version

- **Week 1 Homework**
 - Read Advanced PLO Theory Preview Part 1
- **Week 1 Core PLO Concepts**
 - The Power Hands
 - The Nuts is Always Relevant
 - Hand Values Run Close Together
 - Always Know the SPR and What it Means
 - The Most Important Fact About a Starting Hand is its Distribution of Flops
 - The Most Important Fact About a Flop is the Distribution of Starting Hands that Interacts with it
 - Texture Shifts are a Powerful Lens for Viewing PLO Hands
 - Cumulative Equity Matters. Secondary Components Matter.
 - More Often than in NLHE, we would Prefer our Opponent Fold
 - Equity-Based and Frequency-Based Boards
- **Week 2 Homework**
 - Quiz on Basic Combinatorics and Board Texture Tables.
- **Week 2 Combinatorics and Board Texture**
 - Pairedness
 - Dealt Frequencies
 - Pre-Flop Weighted Frequencies
 - Flop Texture
 - Flopping Frequencies
 - Suitedness
 - Dealt Frequencies
 - Pre-Flop Weighted Frequencies
 - Flop Texture
 - Flopping Frequencies
 - Connectedness
 - Dealt Frequencies
 - Pre-Flop Weighted Frequencies
 - Flop Texture
 - Flopping Frequencies
 - Composite Hand and Flop Character
 - Hand Types
 - Flop Texture Categories
- **Week 3 Homework**
 - Quiz on Equity Matchups
 - Quiz on Single Street Expected Value Calculations
- **Week 3 Equity and EV Basics**
 - Equity – Hand versus Hand
 - Equity - Hand versus Range
 - Single Street EV Calculations
 - Multi-Street EV Calculations
- **Week 4 Homework**
 - Deconstruct all the PJ pre-set ranges
 - With what frequency are different (narrow) hand classes included?
- **Week 4 PPT and PJ Basics**
 - Notation
 - Ranges
 - Range Compression
 - EV Calculations

- **Week 5 Homework**
 - Quiz on Starting Hand Categories (Core Advanced PLO Theory Chapter 7 Tables)
- **Week 5 Pre-Flop Theory/Play**
 - Major Themes
 - Components
 - Polarity
 - Nuttiness
 - Pre-Flop Play
 - Unopened/Limped
 - Facing a Raise
 - Facing a 3-Bet
 - Facing a 4-Bet
 - 200BB+ Adjustments
- **Week 6 Homework**
 - Hand-Flop Interaction Quiz
 - Flop Decisions Constructed Hand Analysis
- **Week 6 Flop Theory/Play Part 1 – HU, Single Raised Pots x IP/OOP x Texture Classes**
 - Flop Texture Revisited
 - HU Single Raised
 - In Position as PFR
 - Out of Position as PFR
 - In Position as Caller
 - Out of Position as Caller
- **Week 7 Homework**
 - Flop Planning Quiz
- **Week 7 Hand Analysis #1**
 - Focus on HU flop decisions and planning
 - Members submit hands and I select as many as possible.
- **Week 8 Homework**
 - Flop 3-Bet Pot Quiz
- **Week 8 Flop Theory/Play Part 2 – MW and 3-Bet Pots x IP/OOP x Texture Classes**
 - **MW Single Raised (SPR 6-9)**
 - In Position as PFR
 - Out of Position as PFR
 - In Position as Caller
 - Out of Position as Caller
 - **3-Bet Pots (SPR 2-6)**
 - In Position as PFR
 - Out of Position as PFR
 - In Position as Caller
 - Out of Position as Caller
- **Week 9 Homework**
 - 3-Bet/4-Bet Blocker Combinatorics Quiz (Pre-Flop and Flop)
- **Week 9 Hand Analysis #2**
 - Focus on MW and 3-Bet Pots and planning
 - Members submit hands and I select as many as possible.

- **Week 10 Homework**
 - Turn Decisions Constructed Hand Analysis #1
- **Week 10 Texture Shifts Theory**
 - **Flop → Turn**
 - Texture Shift Group #1 → Unpaired Dynamic Turns
 - Texture Shift Group #2 → Unpaired Semi-Dynamic Turns
 - Texture Shift Group #3 → Unpaired Possible Flush Turns (Suited Flop)
 - Texture Shift Group #4 → Paired Turns (Unpaired Flop)
 - Texture Shift Group #5 → Unpaired Possible Flush Turns (Monotone Flop)
 - Texture Shift Group #6 → Paired Turns (Paired Flop)
 - **Turn → River**
 - Nut Set/Straight → Nut Set/Straight
 - Nut Set/Straight → Nut Flush/Full House
 - Nut Flush/Full House → Nut Flush/Full House
- **Week 11 Homework**
 - Dynamic Turn Decisions Equity and EV Quiz
- **Week 11 Turn Theory/Play Part 1 - Dynamic Turns**
 - Turn Texture Revisited
 - Flop Action and Range Reconstruction
 - Action Options and EV (SPR 6-15)
 - Action Options and EV (SPR 2-5)
 - Action Options and EV (SPR 0.5-2)
- **Week 12 Homework**
 - Turn Decisions Constructed Hand Analysis #2
- **Week 12 Hand Analysis #3**
 - Focus on turn decisions and planning
 - Members submit hands and I select as many as possible.
- **Week 13 Homework**
 - Static Turn Decisions Frequencies and EV Quiz
- **Week 13 Turn Theory/Play Part 2 – Static Turns**
 - Turn Texture Revisited
 - Flop Action and Range Reconstruction
 - Action Options and EV (SPR 6-15)
 - Action Options and EV (SPR 2-5)
 - Action Options and EV (SPR 0.5-2)
- **Week 14 Homework**
 - Turn-River Planning Quiz
- **Week 14 Hand Analysis #4**
 - Focus on river decisions
 - Members submit hands and I select as many as possible.
- **Week 15 Homework**
 - Naked Ace Game Quiz (1-street, 2-street, 3-street)
- **Week 15 River Theory/Play**
 - River Decision Process
 - Analyze the Texture
 - Analyze the Action
 - Analyze the Ranges
 - Narrow the Focus (What Hands Matter?)
 - (Re-)Evaluate the Opponent
 - Choose Bet Sizing/Evaluate Opponent's Bet Sizing
 - Game Theory Basics
 - Blockers, Bluffing, and Bluff-Catching
 - Range Segments Character
 - Turn Strategy → River Balance on Maximum # of Cards

